



IDF 2013
melbourne
world diabetes congress
2 - 6 December 2013

**ADVANCE PROGRAMME
CALL FOR ABSTRACTS**

Abstract submission deadline 22 April 2013
Early registration deadline 14 June 2013

www.worlddiabetescongress.org



International
Diabetes
Federation



Diabetes
AUSTRALIA

MELBOURNE
AUSTRALIA



**International
Diabetes
Federation**

The International Diabetes Federation

The International Diabetes Federation (IDF) is an umbrella organization of over 200 national diabetes associations in over 160 countries. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950. IDF's mission is to promote diabetes care, prevention and a cure worldwide. Led by the International Diabetes Federation, the Unite for Diabetes campaign secured a United Nations Resolution on diabetes in December 2006. The Federation continues to lead the global effort to implement Resolution 61/225 under the Unite for Diabetes banner. The Resolution encourages UN Member States to develop national policies for the prevention, treatment and care of diabetes in line with the sustainable development of their health-care systems, taking into account the internationally agreed development goals, including the Millennium Development Goals.

IDF | Promoting diabetes care, prevention and a cure worldwide



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WELCOME TO THE WORLD DIABETES CONGRESS 2013

The International Diabetes Federation is the global voice for people with diabetes and those at risk. Twenty years after the World Diabetes Congress in Japan, the Western Pacific Region is again in the global health spotlight and this is why we have chosen Melbourne to host the World Diabetes Congress in 2013.

Today, more than a third of all people with diabetes are found in the Western Pacific region. It is also the region that has the highest number of undiagnosed cases and the highest number of deaths attributable to diabetes.

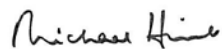
In Australia, 8 per cent of the population is now living with diabetes. This is predicted to increase to 14 per cent over the next twenty years. Indigenous communities in Australia are also a major concern as the prevalence within this population is three to four times higher than in the rest of Australia.

Melbourne will provide a perfect backdrop to inspire global actions and agreements to act on diabetes and help safeguard the health of future generations.

Melbourne's location also makes the congress easily accessible to delegates from China and India, the two countries with the highest numbers of people with diabetes in the world.

We cordially invite you to join the global diabetes community for the World Diabetes Congress in Melbourne from December 2-6, 2013.

Join us in our mission to advance diabetes care, prevention and a cure worldwide.



Sir Michael Hirst
President-Elect, International Diabetes Federation

On behalf of the Organizing, Programme and Melbourne National Advisory Committees, we are delighted to welcome you to IDF's World Diabetes Congress 2013 in Melbourne, Australia.

After almost two decades, the congress is returning to the Western Pacific region where the city of Melbourne will host more than 12,000 delegates over four days at the Melbourne Convention and Exhibition Centre.

Welcome to Melbourne

The congress will bring together diabetes-related healthcare professionals, associations, policy-makers and companies to share the latest findings in diabetes research and best practice.

The Programme Committee has put together an exciting schedule examining all areas of diabetes. Two new streams have been added:

1. *Diabetes in Indigenous People*. This acknowledges the growing concern for the huge increase of diabetes in certain populations, and
2. *Diabetes Research in the 20th Century: a Historical Perspective*. This will put into context modern advances in research, treatment and management of diabetes.

Along with the five existing streams, Clinical and Basic Science; Education and Integrated Care; Global Challenges in Health; Living with Diabetes; and Public Health and Epidemiology, the programme will provide participants with a varied and comprehensive experience.

Over 350 speakers and 70 exhibitors will be given the platform to showcase their diabetes expertise, research and breakthroughs in the field of diabetes. Melbourne is very accessible with affordable hotel accommodation, a state-of-the-art congress centre and convenient public transportation.

The World Diabetes Congress will be held in partnership with Diabetes Australia. On the ground, Diabetes Australia has already engaged political leaders and senior bureaucrats to emphasize the importance of this event. Their local support has been extremely helpful and appreciated in the organization of the congress.

We hope that the world Diabetes Congress in Melbourne will raise awareness of the diabetes epidemic in the region. We also trust that it will shine a light on the existing work in prevention and care., which is on-going in Australia and in the Western Pacific region.

We look forward to welcoming you to an exceptional congress.



Ms Anne-Marie Felton
Chair, Organizing Committee



Prof. Paul Zimmet
Chair, Programme Committee



Prof. Trisha Dunning
*Chair, Melbourne National
Advisory Committee*



CONGRESS COMMITTEES

Organizing Committee

- | | | |
|-------------------------|----------------|-------|
| • Anne-Marie Felton | United Kingdom | Chair |
| • Pablo Aschner | Colombia | |
| • Anne Belton | Canada | |
| • Nam Han Cho | Korea | |
| • Trisha Dunning | Australia | |
| • John Grumitt | United Kingdom | |
| • Michael Jones | Bermuda | |
| • Sonia Kakar | India | |
| • Kaushik Ramaiya | Tanzania | |
| • Alexander Silverstein | United Kingdom | |
| • Paul Zimmet | Australia | |

Melbourne National Advisory Committee

- | | | |
|----------------------|-----------|-------|
| • Trisha Dunning | Australia | Chair |
| • Guy Barnett | Australia | |
| • Gordon Bunyan | Australia | |
| • Greg Johnson | Australia | |
| • Michelle Robins | Australia | |
| • Victoria Stevenson | Australia | |
| • Paul Zimmet | Australia | |

Grant Committee

- | | | |
|---------------------|----------------|-------|
| • Anne-Marie Felton | United Kingdom | Chair |
| • Anne Belton | Canada | |
| • Michael Jones | Bermuda | |

Diabetes Industry Forum

- | | | |
|--------------------|---------|-----------|
| • Marianne Weimers | Sweden | President |
| • Celina Renner | Belgium | |
| • Said Laghmari | Belgium | |
-

Programme Committee

- Paul Zimmet Australia Chair

Basic and Clinical Science

- Mark Cooper Australia Stream Lead
- Marc Donath Switzerland Stream Deputy
- Monira Al Arouj Kuwait Member
- Sof Andrikopoulos Australia Member
- Clifford Bailey United Kingdom Member
- Takashi Kadowaki Japan Member
- Steven Kahn USA Member
- Mark McCarthy United Kingdom Member
- Mark Sperling USA Member
- Sophia Zoungas Australia Member

Diabetes in Indigenous People

- Alex Brown Australia Stream Lead
- Ashim Sinha Australia Stream Deputy
- Mick Adams Australia Member
- Stewart Harris Canada Member
- Jeff Reading Australia Member
- Donald Warne USA Member

Diabetes Research in the 20th Century: a Historical Perspective

- Pierre Lefèbvre Belgium Stream Lead
- George Alberti United Kingdom Stream Deputy
- Juan Jose Gagliardino Argentina Member
- Anant Nigam India Member
- Jesse Roth USA Member
- Samad Shera Pakistan Member
- John Turtle Australia Member

Education and Integrated Care

- Angus Forbes United Kingdom Stream Lead
- Trisha Dunning Australia Stream Deputy
- Nuala Harkin Australia Member
- Buyelwa Majikela-Dlangamandla South Africa Member
- Rutu Mehta Dave India Member
- Maria Ruiz Argentina Member

Global Challenges in Health

- Linong Ji China Stream Lead
- Kaushik Ramaiya Tanzania Stream Deputy
- Pablo Aschner Colombia Member
- William Herman USA Member
- Viswanathan Mohan India Member
- Itamar Raz Israel Member
- Alexander Silverstein United Kingdom Member

Living with Diabetes

- João Manuel Valente Nabais Portugal Stream Lead
- Guy Barnett Australia Stream Deputy
- Khadija Al-Arayedh Bahrain Member
- John Grumitt United Kingdom Member
- Shirley Murray Australia Member
- Phil Southerland USA Member
- Nicola Stokes Australia Member
- Bas van de Goor The Netherlands Member

Public Health and Epidemiology

- Jonathan Shaw Australia Stream Lead
- Edward Boyko USA Stream Deputy
- Beverley Balkau France Member
- Wendy Davis Australia Member
- Ayesha Motala South Africa Member
- Ambady Ramachandran India Member
- Marian Rewers USA Member
- Nigel Unwin United Kingdom Member

CONGRESS OVERVIEW

	Monday 2 December	Tuesday 3 December	Wednesday 4 December	Thursday 5 December	Friday 6 December
08.00	Satellite Symposia	Scientific Programme	Scientific Programme	Scientific Programme	Scientific Programme
08.30					
09.00					
09.30					
10.00					
10.30					
11.00					
11.30					
12.00					
12.30					
13.00	Satellite Symposia	Satellite Symposia	Satellite Symposia	Evening with the President and IDF	
13.30					
14.00					
14.30					
15.00					
15.30					
16.00					
16.30					
17.00					
17.30					
18.00					
18.30					
19.00	Opening Ceremony				
19.30					
20.00					
20.30					
21.00					



GENERAL INFORMATION

The World Diabetes Congress in Melbourne will take place in the Melbourne Convention and Exhibition Centre (MCEC), Melbourne, Australia from Monday 2 to Friday 6 December 2013.

Abstract CD-ROM

Abstracts will be on CD-ROM only – abstract books will not be printed. The abstract CD-ROM is distributed from the sponsor's booth in the exhibition hall.

Congress city

Melbourne, the capital of the State of Victoria, is widely regarded as one of the world's premier conference destinations. A safe, welcoming and inviting city, Melbourne boasts Australia's highest concentration of convention facilities located in the central business district. Melbourne is the perfect walking city with over 5,400 hotel rooms within walking distance of the congress centre and supported by an integrated, easy-to-use public transport system.

Melbourne has a temperate climate and enjoys abundant sunshine. The average daily temperature in December is 24°C/75°F.

For more information on Melbourne visit:

www.mcvb.com.au/melbourne-guide/about-melbourne.aspx.

Continuing Medical Education (CME)

CME accreditation for delegates

Applications for Continuing Medical Education (CME) accreditation for physicians and other healthcare professionals will be presented to the European Accreditation Council for Continuing Medical Education (EACCME). EACCME credits are recognized by the American Medical Association towards the Physician's Recognition Award (PRA). It is expected that the World Diabetes Congress will be accredited with between 20 and 22 hours of CME credits.

CME certificates will be available to print in the registration area and online as of Thursday 5 December 2013.

CME accreditation for satellite symposia

CME accreditation from the EACCME for satellite symposia is not required. "Satellite symposia form part of a congress which has been approved for CME thus do not get separate approval for CME credits by EACCME." They are considered part of the whole meeting programme and are therefore covered by the congress CME. There is no specific allocation of hours to them.

Correspondence

All enquiries and correspondence in relation to the congress should be directed to:

- Congress Secretariat
International Diabetes Federation
Chaussée de La Hulpe 166
B-1170 Brussels
Belgium
T: +32 2 5431631
F: +32 2 4030830
E: wdc@idf.org
www.worlddiabetescongress.org

Currency

The Euro (EUR) is the official currency of the congress. Some local services may be quoted in Australian dollars (AUD). At the time of printing, the exchange rate with the Euro was EUR 1 = AUD 1.20.

Diabetes Cafe

At the heart of the World Diabetes Congress is the Diabetes Cafe, an open session structure enabling delegates to truly interact with the speakers and network with other delegates.

Surrounded by the Global Village, bringing together the International Diabetes Federation's (IDF) member associations, the Diabetes Cafe provides the setting for the global diabetes community to present their initiatives, best practices and successful projects.

Scheduled opening hours:

Days	Hours
Tuesday 3 December – Thursday 5 December	10.00 – 17.00
Friday 6 December	10.00 – 14.00

Electricity

Electricity in Melbourne is 220/240 volts AC. Power sockets in Melbourne generally accept the 3 pin plug. If the plug of your appliance has a different shape, you will need an adapter. If your electrical appliance uses lower voltage (110 volts), you will need a converter.



Exhibition

The congress will host an exhibition. Companies from all over the world will present their newest technologies and scientific research in the field of diabetes.

Scheduled opening hours:

Days	Hours
Tuesday 3 December – Thursday 5 December	10.00 – 17.00
Friday 6 December	10.00 – 14.00

For participation in the exhibition, booking of a satellite symposium or information on marketing opportunities please contact:

- Said Laghmari | Industry and Logistics Coordinator
T: + 32 2 5431633
E: industry@idf.org

Final programme

The fully searchable scientific programme will be available online as of November 2013 at www.worlddiabetescongress.org. The printed version will be distributed on site.

Global Village

The Global Village is an area within the exhibition hall dedicated to IDF member associations. The Global Village will give more than 200 national member associations the opportunity to interact with the diabetes community at large. Its main objective is to serve as an avenue of exchange between associations and for them to showcase their activities.

Scheduled opening hours

Days	Hours
Tuesday 3 December – Thursday 5 December	10.00 – 17.00
Friday 6 December	10.00 – 14.00

Italian delegates

Sponsors of Italian delegates who need AIFA authorization should contact:

- Endogroup International S.r.l.
Via Pian d'Erba 5
22036 Erba (CO)
Italy
T: +39 031 646141
F: +39 031 646731
E: accreditamento@endogroupinternational.com

Language

The official language of the congress is English. All sessions will be in English only.

Liability and insurance

The International Diabetes Federation (IDF), Moreton Hire (the official exhibition builder) or any other supplier active in the congress centre will not assume responsibility for injury and/or damage involving persons or property during the congress. Participants are advised to take out a personal insurance for the congress.

Media

The media centre will serve the needs of print, radio, and broadcast journalists covering the World Diabetes Congress 2013. Services provided to accredited journalists include: computer work stations, internet connections, ISDN lines, printers, telephones, fax and photocopy machines. A multi-lingual communications team will be available to assist journalists with editorial, technical and logistical support. Rooms will also be available for interviews and for official daily briefings and third-party press conferences.

The media centre will be centrally located at Melbourne Convention and Exhibition Centre (MCEC).

Scheduled opening hours

Days	Hours
Monday 2 December	14.00 – 17.00
Tuesday 3 December – Thursday 5 December	08.00 – 18.00
Friday 6 December	08.00 – 14.00

Only accredited journalists will have access to the media centre. Online media registration is available at the congress website, www.worlddiabetescongress.org, as of February 2013.

For specific media enquiries regarding the World Diabetes Congress, please contact:

- Sara Webber
World Diabetes Congress Media
International Diabetes Federation
T: +32 2 5431639
F: +32 2 4030830
E: congressmedia@idf.org

Medicine and first aid

The majority of medicines used worldwide are available in local pharmacies and hospitals in Melbourne. A first aid unit will operate in the congress centre during congress opening hours.

Opening hours

Activity	Day	Hours
Group registrations: collection of congress materials (badges, vouchers) at pre-arranged times	Sunday 1 December	08.00 – 18.00
Satellite symposia	Monday 2 December	08.00 – 16.00
	Tuesday 3 – Thursday 5 December	17.15 – 19.15
Individual registrations	Monday 2 December	07.00 – 18.00
	Tuesday 3 – Thursday 5 December	07.00 – 18.00
	Friday 6 December	07.00 – 13.00
Exhibition	Tuesday 3 – Thursday 5 December	10.00 – 17.00
	Friday 6 December	10.00 – 14.00
Global Village	Tuesday 3 – Thursday 5 December	10.00 – 17.00
	Friday 6 December	10.00 – 14.00
Programme	Tuesday 3 – Thursday 5 December	08.30 – 16.30
	Friday 6 December	08.30 – 14.00
Diabetes Cafe	Tuesday 3 – Thursday 5 December	10.00 – 17.00
	Friday 6 December	10.00 – 14.00



Social responsibility

Where possible, IDF strives to promote social responsibility and ethical practices towards the environment and the global community. IDF makes every effort to take decisions that reflect these ethics to fulfil our role in society. IDF plans to support and encourage the environmental policy adopted by the congress venue and follows an environmentally friendly approach.

Check out for Diabetes

“Check Out for Diabetes” is a humanitarian campaign specifically designed for the World Diabetes Congress. The campaign will unite Melbourne hotels and congress delegates to raise awareness of the diabetes epidemic and help fund IDF’s humanitarian programme, Life for a Child. Recommended World Diabetes Congress hotels will be invited to make a donation to the campaign, with all money raised providing life-saving treatment and resources to children with diabetes in developing countries. Congress delegates will also be able to contribute to the Life for a Child programme when booking their hotel through the online reservation portal. In addition, the campaign will use educational materials to spread awareness of the risks and burden of diabetes.

Tax

A 10% Goods and Services Tax (GST) is incorporated into the price of all goods and services sold in Australia except some basic items. International tourists may be eligible for a GST refund on some goods bought in Australia.

For more information visit www.customs.gov.au or phone +612 6275 6666.

Time zone

Melbourne will be 11 hours ahead the Coordinated Universal Time (UTC) and Greenwich Mean Time (UTC/GMT +11 hours) during the congress.

Transport

Airport

Melbourne International Airport (airport code MEL) is a 20-30 minute drive from the city centre. Please note that IDF will not organize shuttle buses to/from the airport for the congress. Taxis are available at the arrivals terminal at all times.

Public transport

The Melbourne public transport system is well-served by metro trains, trams and buses. For more information visit: www.mcvb.com.au/melbourne-guide/melbourne-transport.aspx.

Taxis

Taxis can be hailed in the street if their sign is illuminated. An orange light indicates that the taxi is not for hire.

Venue

The Melbourne Convention and Exhibition Centre (MCEC) is a 20-30 minute drive from the Melbourne International Airport.

- Melbourne Convention and Exhibition Centre
2 Clarendon Street
South Wharf
Victoria 3006
www.mcec.com.au

Visa

All visitors to Australia must have a valid visa to travel and enter the country. Congress attendees are strongly advised to apply for their visa well in advance as visa applications could take up to two months to process.

For more information on visa applications please visit the congress website: www.worlddiabetescongress.org/pages/visa.



PROGRAMME OVERVIEW

Tuesday 03 - Thursday 05 December



Friday 06 December

08.30	Symposia	Debates	Open Forum Speakers' Corner	Teaching Lecture Meet-the-Experts	Workshops
09.00					
09.30					
10.00					
10.30	Symposia	Award Lectures	Debates	Workshops	Oral Presentation
11.00					
11.30					
12.00					
12.30	Poster Presentation		Lunch		
13.00					
13.30					
14.00					
14.30					
15.00					
15.30					
16.00					
16.30					
17.00					



PROGRAMME STREAMS AND SESSIONS

Streams

The overall programme will consist of an array of sessions in different formats separated into seven major streams.

Stream	Stream Lead
Basic and Clinical Science	Mark Cooper
Diabetes in Indigenous Peoples	Alex Brown
Diabetes Research in the 20 th Century: a Historical Perspective	Pierre Lefèbvre
Education and Integrated Care	Angus Forbes
Global Challenges in Health	Linong Ji
Living with Diabetes	João Manuel Valente Nabais
Public Health and Epidemiology	Jonathan Shaw

Invited speakers programme sessions

Debate (D)

These will include sessions on controversial topics in the format of a discussion in which two opposing teams will defend and refute a given proposition.

Meet-the-Expert (ME)

These sessions will provide the opportunity for participants to interact with one or more experts on a specific topic.

Open Forum (OF)

A topic of common interest will be introduced for discussion between a speaker and participants. Participants may put forth new ideas and questions to the speaker at any time.

Speaker's Corner (SC)

These informal sessions will showcase critical evaluations and analyses of a topic by the speaker. Participants may question the speaker at the end of the lecture.

Symposium (S)

Symposia will include the latest findings in diabetes research and current issues in therapy and education as well as exploring subjects related to the organizational, economic and personal impact of diabetes.

Teaching Lecture (TL)

Recognized experts will give educational lectures on specific topics. This format will combine a lecture with an audience interaction.

Workshop (WS)

Workshops will include the discussion of specific topics accompanied by practical demonstrations, problem-solving or hands-on training sessions.

Abstract programme sessions

Oral Presentation

Some accepted abstracts will be chosen for oral presentations enabling authors to communicate their findings to a global audience.

Poster Presentation

An array of accepted abstracts will be chosen for poster presentation sessions.

Authors will present their poster and discuss their findings with a small group.

Poster Display

A collection of accepted abstracts will be displayed as posters.

Topics per stream

Basic and Clinical Science

Debates	Aspirin in diabetes
	Bariatric surgery
	Diabetes prevention: drugs vs. lifestyle
	Do we target insulin resistance or the beta cell?
	Does insulin cause cancer?
	Is continued searching for type 2 diabetes genes valuable?
	Salt restrictions in diabetes
	Screening for autoimmunity in diabetes
	Initial diabetes treatment
	Statins cause diabetes
Meet-the-expert	Androgens, diabetes and the metabolic syndrome
	Gastric emptying and incretins
	How to rest the beta cell
	New targets for treatment and prevention type 1 diabetes
	Publishing in the field of diabetes
	Role of new insulins
	The adolescent with diabetes
	The platelet in diabetes
Symposia	Advanced glycation
	Advances in biomedical science in relevance to diabetes

Symposia	Beta cell failure, renewal and survival
	Blood pressure management in diabetes
	Cancer and diabetes
	Circadian rhythm and metabolic control
	Clinical aspects of diabetic complications
	Clinical aspects of pregnancy and diabetes
	Cross talk between cells, fat, muscle and liver
	Culprits in type 2 diabetes
	Diabetes and the brain
	Diabetes and the heart
	Diabetes treatment in special settings
	Diabetic macrovascular disease
	Diabetic nephropathy and neuropathy: from basic to clinic
	Diabetic retinopathy
	Exercise
	Gut flora
	Hypoglycaemia
	Insulin resistance states
	Islet inflammation in type 2 diabetes
	Lipids and diabetes
	Metabolic memory and epigenetics
	Micro RNA and diabetes
	Neuronal regulation of glucose
	Advances in the prevention and treatment of type 1 diabetes
	Novel treatments (clinical)
	Oxidative stress
	Phenotyping the patient with diabetes
	Role of the brain in metabolism
	Targeting glucose in certain populations
	The role of liver in diabetes and metabolic syndrome
	Update: type 1 diabetes
	What after Metformin and lifestyle?
What is in the pipeline for type 2 diabetes?	

Diabetes in Indigenous People

Symposium	Community prevention: what works
	Diabetes complications
	Diabetes in American Indians: the Pima story and beyond
	Integrating care for Indigenous populations
	Maternal diabetes and related conditions (including DIP/GDM/PCOS)
	Nutrition and food security
	Politics, advocacy and human rights
	The double burden: diabetes and infectious diseases
	Type 2 diabetes in children
Understanding the determinants of diabetes and metabolic conditions	
Workshop	Beyond rhetoric: connecting policy, government and community
	Primary prevention: dream or reality?
	Traditional therapy: from resilience to recovery

Diabetes Research in the 20th Century: a Historical Perspective

Teaching Lecture	Childhood diabetes: from a death sentence to a normal life expectancy
	Diabetes monitoring: from testing the urine to HbA1c and continuous blood glucose determination
	Gestational diabetes has a rich history
	Glucagon: a bystander or a key actor in the pathogenesis of diabetes mellitus
	Insulin therapy: 1921-2013
	Nutrition and diabetes: from starvation to “healthy lifestyle”
	The epidemiology of diabetes: from predictions to reality
	The mode of action of insulin: the tenth day of creation
	Understanding the genetics of diabetes: from the “geneticist’s nightmare” to today’s reality
Understanding the pathogenesis of type 1 diabetes	

Education and Integrated Care

Debate	How to build an effective relationship with a healthcare practitioner
	Spotlight on diabetes educators
	The integrated team: rhetoric or reality?
Meet-the-expert	Conversation maps: well used tool or in the box gathering dust?
	Diet and diabetes: contributory factors and essential prevention and management tools
Open Forum	Adult life transitions: effect on self-care, blood glucose and quality of life

Symposium	CAM: safe integration from a global perspective
	Effectively engaging the left brain and right brain to enhance communication
	Managing diabetes in the presence of complex comorbidities
	Mental health: the key to physical health
	Modern technology and social media: how it is shaping diabetes care, education and research
Workshop	How health practitioners changed the way we deliver care and education to help people with diabetes achieve optimal outcomes
	Managing medicines: from bench to bedside
	Meeting challenges: culture, poverty, low literacy, language and marginalized ethnic groups
	Preventing, detecting and managing acute illness across the lifespan

Global Challenges in Health

Debate	Childhood obesity prevention policies: do they work to prevent diabetes?
	Improving diabetes care with health systems strengthening
	To partner or not to partner? A debate on pharmaceutical and food industry partnerships
Meet-the-expert	Bridging the provider gap: the role of non-MDs in standard care
	Linking diabetes and climate change, and leveraging common risk factors and solutions
Speakers' Corner	The benefits and challenges of multi-sectoral partnerships for diabetes and NCDs
Symposium	Changing the food environment: what works and what doesn't
	Improving access, availability and affordability in low- and middle-income countries
	Making 'health in all policies' work for diabetes
	Putting your government to the test: how are they doing on diabetes?
Teaching Lecture	Advancing global action on diabetes: global NCD targets
	Investing in diabetes: mobilizing global resources for diabetes through new channels
	Making the most of philanthropy for diabetes
	Policy implications of a life course approach to diabetes prevention and the early origins of diabetes
	We had a UN Summit, now what? What has been achieved since the summit, and what is the vision of success for 2014?
Teaching workshop	Healthy ageing: taking diabetes into account
	The strategic use of human resources for health: doing more with less
Workshop	Ensuring diabetes is part of the future development goals: learning from the MDGs
	Making the most of the Global Diabetes Plan
	Mobilizing a new level of diabetes activism: building the outrage with people with diabetes
	Protecting the rights of people with diabetes: Implementing IDF's Charter of Rights and Responsibilities for People with Diabetes
	Women: agents of change in diabetes prevention

Living with Diabetes

Debate	Insulin pumps: are they for me?
Meet-the-expert	Diabetes and cancer
	Diabetes and pregnancy
Open forum	Associations of people with diabetes: examples
	Diabetes and crises
	Diabetes and public awareness
	Diabetes and special populations
	Establishing and operating a parliamentary diabetes support group
Speaker's corner	Technology in diabetes: how to remove the barriers
	Diabetes schools
	Living with diabetes
	Living with diabetes for more than 50 years
	Living with diabetes in remote areas
Symposium	Living your dreams
	IDF Young Leaders
	Insurance for people with diabetes: best practices
Workshop	Living with type 1 diabetes in poor countries
	Diabetes and nutritional health
	Fundraising activities
	Motivational skills for being more active
	Parents of children with diabetes
	Patient empowerment through social media

Public Health and Epidemiology

Debate	Do sleep disorders cause diabetes or vice versa?
	Does diabetes cause periodontal diseases or vice versa?
	Is it more cost effective to prevent or treat diabetes?
	Targeted vs. public health approach to diabetes prevention
Meet-the-expert	Apps for prediction, prevention and treatment
	Update on the epidemiology of diabetes retinopathy
Symposium	Adapting clinical prevention research and overcoming hurdles
	Diabetes prevention trials update
	Diabetes and cancer
	Diabetes prevention: real world examples
	Diabetes screening and diagnosis
	Diabetes trend surveillance systems: novel ideas
	Ethnic differences in diabetes incidence, prevalence and complications
	Gender differences in the risks of type 1 and type 2 diabetes
	Gestational diabetes update
	Measurement and importance of body composition
	Nephropathy
	Non-nutritive aspects of food and diabetes risk
	Type 1 diabetes epidemiology update
	Type 2 diabetes in children: prevalence and trends
Workshop	Career opportunities for epidemiology and advancements
	Primer on interpretation of EPI research

Session recording policy

- No session may be recorded or broadcast in any format by any attendee. The congress records some sessions itself with the presenter's consent for webcasting. Use of digital cameras to record individual slides is not allowed.
- The use of photographs of slides in any subsequent publication or presentation or any other distribution is a breach of copyright and may result in prosecution by the owner of the data or ideas. The use of flash is also forbidden.
- Please find the latest programme information online: www.worlddiabetescongress.org/pages/programme.
- Please note that there is no need to sign up for individual sessions. Access is on a first-come, first-served basis.

CALL FOR ABSTRACTS

Abstract submission

The World Diabetes Congress welcomes original abstracts on subjects relevant to the following five streams:

Clinical and Basic Science
Diabetes in Indigenous People
Education and Integrated Care
Living with Diabetes
Public Health and Epidemiology

Guidelines

Abstract submission opens	1 February 2013
Abstract submission deadline	22 April 2013, 17.00 Greenwich Mean Time (GMT)

- **Submission mode:** Abstract submission is only possible online at www.worlddiabetescongress.org. Abstracts submitted by post, fax or email will NOT be accepted. The online abstract submission module will NOT be available after 22 April 2013, 17.00 Greenwich Mean Time (GMT).
- **IDF Congress Profile:** In order to submit an abstract, a congress profile must be created allowing entry into the online abstract submission module. The submitter must ensure accurate contact details are entered. One or several abstracts can be submitted by logging into this congress profile.
- **Submitting author / Presenting author:** If the submitting author is not also the presenting author, the submitting author must provide contact details of the presenting author when submitting online on their behalf. It is the presenting author who will receive all information related to the abstract and registration of the presenting author. The presenting author must be registered by 20 September 2013. If the presenting author is not registered by 20 September 2013 their abstract will be removed from the programme.
- **Number of submissions:** There can only be ONE presenting author per abstract. The same abstract CANNOT be submitted multiple

times by listing different presenting authors. An unlimited number of abstracts can be submitted and presented by an individual.

- **Language:** All abstracts must be submitted in English. Should English not be your first language, you may wish to have your abstract examined by a native English speaker prior to submission.
- **Accuracy of content:** Submitted abstracts may be edited online prior to the abstract submission deadline: **22 April 2013, 17.00 Greenwich Mean Time (GMT)**. Abstracts CANNOT be edited or revised in any way after the deadline. All accepted abstracts will be published as submitted by the author. The responsibility for the submission of an accurate and precise abstract lies solely with the author.
- **Originality of abstracts:** Work submitted elsewhere before 6 December 2013 should NOT be resubmitted to the World Diabetes Congress. However, previously submitted work can be resubmitted provided there are new methods and/or findings.
- **Disclosure of interests:** Any financial relationships with commercial entities in the products or processes described in the work must be correctly stated.
- **Regulatory approval:** The submitting author confirms that local regulatory approval has been obtained as required by local laws.
- **Author consent:** The submitting author declares all authors have read and approved the submitted work.
- **Copyright transfer:** Authors must attest that their submitted work does not infringe any copyright legislation. Copyright for the publication of abstracts is automatically transferred to the International Diabetes Federation upon submission and acceptance of the regulations within the online submission module. For rejected abstracts, the copyright reverts back to the authors.

Instructions

- **Category & stream:** There are various categories that have been defined for the abstract programme along with five streams. Ensure that you select ONE category which BEST describes the content of your abstract, and then place it in the MOST relevant stream. Categories are used for reviewing and indexing purposes.
- **Abstract title:**

- The title is limited to **120 characters excluding spaces** and should be brief and relevant. Special characters should NOT be used in your title but spelt out instead (e.g. β is beta; ω is omega).
- Only use standard abbreviations and generic drug names in the title.
- **Authors:** Only 12 authors and/or study groups can be listed. Only one institution can be entered per author.
- **Abstract body:**
 - **Structure** the abstract, if applicable, to include aims, methods, results and discussion/conclusion.
 - **Font size and style** will be automatically configured by the system.
 - **Tables** will be accepted in the submission field and count towards the character limit. The character deduction for tables is not fixed and will be generated by the character count shown below the submission field. Graphs, figures and photographs are NOT allowed.
 - **The length** of the abstract is limited to **2100 characters excluding spaces**. Only the abstract body and any inserted tables count towards the character limit. The character count displayed beneath the submission field is final and undisputable.
 - Only commonly accepted **abbreviations** should be used (e.g. OGTT, IGT, ACEI). Treatment groups or drug names should NOT be abbreviated. Less widely recognized abbreviations may be used if introduced on first usage (e.g. ambulatory blood pressure monitoring, ABPM).
 - Only approved and generic (non-proprietary) **drug names** should be used.
 - Do NOT enter the title, authors, or grant information into the abstract text submission field and exclude any references from the abstract body.
- **Notification:** Notice of acceptance or rejection of submitted abstracts will be sent to the presenting author by mid-July 2013. It is the responsibility of the presenting author to inform all other authors of the status of the abstract. A submitting author may also check their congress profile to see the status of the abstract.
- **Author Registration:** Presenting authors of accepted abstracts MUST pay the full applicable registration fee for the World Diabetes Congress by **20 September 2013, 17.00 Greenwich Mean Time (GMT)**. If the entire registration fee is not paid by the deadline, the abstract will be automatically withdrawn and will NOT be presented or published. Presenters are entitled to the early registration rate. Authors of rejected abstracts are also entitled to the early registration rate until 20 September 2013.

Abstract publication

- **Publications:** All accepted abstracts will be published on the World Diabetes Congress abstract CD-ROM.

Posters

Posters will be displayed every day near the catering area on the exhibition floor of the congress venue. We aim to provide all accepted abstracts with the ideal platform to gain maximum exposure.

Note to presenting authors:

- All selected posters will be displayed. Authors should refer to specific instructions provided, once selected, for dates and times when the posters should be put up and taken down.
- Poster presentation sessions will take place each day from 13.00 - 14.00.
- Presenting authors selected for poster display should attend to their posters daily from 13.00 -14.00.
- All posters must be in **portrait** format with the following maximum dimensions: **95 cm (width) x 160 cm (height)**

Selection and notification process

- **Selection:** All submitted abstracts undergo a peer-review process by an international panel of reviewers. Accepted abstracts are selected for oral presentation, poster presentation or poster display. The Programme Committee reserves the right to accept or reject any submitted abstract and re-categorize any accepted abstract. The decision of the Programme Committee is final and irrevocable.

Late-breaking abstract policy

Abstract submission open	1 July 2013
Abstract submission deadline	16 August 2013, 17.00 Greenwich Mean Time (GMT)

Late-breaking abstract submission will be allowed for authors to submit their breakthrough findings in the field of diabetes.

Authors should **ONLY** submit abstracts which comply with the following conditions:

- Should contain new research findings of special importance.
- Should **NOT** contain preliminary data.
- Results published or likely to have been published before 6 December 2013 are not allowed.

Late-breaking abstract submission is only possible if the presenting author has paid the full applicable registration fee for the World Diabetes Congress prior to 1 July 2013. Prospective submitters should contact the Programme Administrator at the Congress Secretariat for detailed submission instructions at programme@idf.org.

Abstract categories

Authors must select one category from the list below that best describes the content of their abstract. This category will be used for reviewing and indexing purposes. They must then select the most appropriate of the five abstract streams.

- Access to drugs and technologies
- Age, gender, ethnicity and culture
- Animal models of type 1 diabetes
- Animal models of type 2 diabetes
- Bariatric surgery and type 2 diabetes
- Blood pressure
- Care delivery, care providers, coordinators and supporters
- CNS/Hypothalamic regulation of obesity and diabetes
- Cognition, psychology and behaviour
- Comorbidities
- Comorbidities - fatty liver
- Comorbidities - non-alcoholic
- Comorbidities - sleep disturbances
- Comorbidities and emerging risk factors
- Complications
- Complications - biomechanical mechanisms
- Complications - cardiovascular disease
- Complications - eye
- Complications - foot
- Complications - kidney
- Complications - nerve
- Complimentary medicine
- Defining diabetes
- Diabetes advocacy
- Diabetes and cancer
- Diabetes and gender dynamics
- Diabetes and infections
- Diabetes and the brain
- Diabetes associations
- Diabetes education across the ages
- Diabetes education and technology
- Diabetes education delivery
- Diabetes in childhood and adolescence
- Diabetes in Indigenous groups

- Diabetes in rural areas
- Diabetes in the elderly, in-patients and other special groups
- Diabetes incidence and prevalence
- Diabetes management
- Diagnosis and classification
- Disasters and diabetes
- Discrimination and diabetes
- Environment and lifestyles
- Epigenetics and early foetal development
- Ethics, quality, standard and practice in diabetes
- Food security
- Genetics of type 1 diabetes
- Genetics of type 2 diabetes
- Glucagon physiology and pathophysiology
- Glycated haemoglobin and its role in diabetes
- Guidelines, clinical care
- Health professional education and development
- Health services research
- Health workforce
- Healthcare financing
- Hypoglycaemia
- IDF curriculum-based health professional programs and others
- In utero environment and perinatal programming
- Incretin physiology and pathophysiology
- Incretin therapies
- Indigenous communities and ethnicity issues
- Inflammation
- Insulin action - glucose transport, receptor, signal transduction, cellular mechanisms
- Insulin action - physiology, carbohydrate, lipid and protein metabolism
- Insulin resistance and the metabolic syndrome
- Insulin secretion, dysfunction, and the islet beta cell (in vivo)
- Insulin therapy and devices
- Islets - beta cell death and survival
- Islets - beta cell gene regulation
- Islets - beta cell growth and regeneration
- Islets - developmental biology and stem cells
- Islets - insulin secretion, dysfunction (in vitro)
- Islets - other islet cells/hormones (IAPP, glucagon, somatostatin, etc...)

- Lipids and lipoproteins
- Living with diabetes
- Microbial flora
- Models of care, multi-disciplinary care and family-centred care
- Monitoring of diabetes control
- Monogenic forms of diabetes
- Nutrition and diet
- Obesity - physiology and pathophysiology of weight regulation
- Obesity - prevention and management
- Oral glucose-lowering therapies
- Patient engagement and self-management - adult
- Patient engagement and self-management - youth
- Peer education
- Phenotypes vs. genotypes
- Physical activity
- Pregnancy and gestational diabetes
- Primary and secondary prevention
- Psychosocial/behavioural interventions
- Quality assurance in diabetes care
- Rights and responsibilities of people with diabetes
- Risk factors for developing diabetes
- Screening and risk stratification
- Secondary diabetes
- Sedentary behaviour
- Social and cultural determinants of health
- Stem cell therapy
- Telecommunication, internet and social media
- Traditional healing/therapies
- Transplantation - islet and pancreas
- Type 2 diabetes in children

Abstract streams

- Basic and Clinical Science
- Diabetes in Indigenous People
- Education and Integrated Care
- Living with Diabetes
- Public Health and Epidemiology

REGISTRATION

Individual registration

- Participants are required to register online at www.worlddiabetescongress.org. A valid e-mail address will be required.
- Online registration and corresponding payment should be received by 16 November 2013. After this date, the online registration system will no longer be available and registration will only be on-site.
- On-site registration at the late rate will be possible during the congress (2 - 6 December 2013). Please note that day rates as well as a special rate for citizens of the World Bank list of low-income economy countries will also be available on site.

On-site registration schedule

Days	Hours
Monday 2 December – Thursday 5 December	07.00 – 18.00
Friday 6 December	07.00 – 13.00

Rates

Registration rates are quoted in EUROS and are inclusive of a 10% Australian Goods and Services Tax (GST)

Category	Early rate Payment received on or before 14 June 2013	Standard rate Payment received on or before 20 September 2013	Late rate Payment received after 20 September 2013 and on site	Day rate (on site only)
Regular rate	550	880	990	330
Reduced rate (1)	330	605	770	330
Student (2)	110	110	110	110
Low income economies (3)	220	330	440	165

- (1) This reduced rate is available for healthcare professionals other than medical doctors. This reduced rate is also available for participants of 35 years or younger at the time of the congress. Applicants for this rate must fax a copy of their ID/passport to +32 2 4030830 or e-mail it to registration@idf.org.
- (2) This reduced rate is available for participants who are students at the time of the congress. This rate is not applicable to persons holding a post-doctorate degree. Applicants for the student rate must complete the application form and fax to +32 2 4030830 or e-mail to registration@idf.org.
- (3) This reduced rate is available for participants who are both citizens AND residents in one of the listed low-income countries as defined by the World Bank. The most recent list is available at: www.worlddiabetescongress.org/pages/registrations.

Applications for special rates must be accompanied by a copy of an official document. If no proof is included with the registration, the regular rate will apply.

Group registration

- Group registration is available for groups of minimum 10 participants. One contact person should coordinate with the congress secretariat.
- The group rate is at the regular rate per person.
- All registration information will be sent to the group contact person, who will then be responsible for distribution to the group.
- A special module for group registration is accessible online at www.worlddiabetescongress.org/registration.
- The group contact person can collect the group's registration badges and vouchers from the registration desk at the Melbourne Convention and Exhibition Center at a pre-arranged time on Sunday 1 December 2013.

Payment

Payment should preferably be made by credit card (Eurocard/Mastercard, VISA or American Express).

Please indicate the card owner's name (as shown on the card) and the expiry date.

Payments can also be done by direct bank transfer without charges to the beneficiary:

- Beneficiary name: IDF
Account name: World Diabetes Congress Registration
Account number / IBAN: BE67 6451 4103 3587
Swift code / Routing: BIC JVBABE 22
Bank name: Bank J. Van Breda & Co
Bank address: Vlaanderenstraat 53, 9000 Gent, Belgium.

The name and address of the participant should be clearly stated on the bank transfer. Please bear in mind that an international bank transfer can take up to 10 days to reach our account. If payment is not received by the corresponding deadline (early or standard registration), the subsequent rate will automatically apply.

Name change/cancellation for individual registrants

All name changes and cancellation requests must be done in writing (email). No changes or cancellations will be accepted by telephone.

Name change for a confirmed registration will be subject to an administrative fee of 50 EUR per participant.

Cancellation of a confirmed registration will be subject to an administrative fee of 100 EUR per participant. Please note that if you cancel after 16 November 2013, no refund will be possible.

Refunds

Please note that any applicable refund will be reimbursed after the congress.





CONGRESS HOTELS

Arinex is the official housing bureau for the World Diabetes Congress in Melbourne. A large number of rooms in a broad range of categories have been contracted. It is advised that you make your reservation as early as possible to secure your preferred hotel category and to obtain the best rates. Most hotels are within walking distance of the congress centre.

	All rates are in AUD and inclusive of taxes and breakfast	
	SGL BB	DBL BB
5 star hotels		
Crown Metropol	\$275.00	\$305.00
Crown Towers	\$315.00	\$350.00
Hilton Melbourne South Wharf	\$349.00	\$403.00
InterContinental Melbourne the Rialto	\$420.00	\$450.00
Langham Hotel Melbourne	\$345.00	\$370.00
4 star hotels		
Citigate Melbourne	\$209.00	\$229.00
Crown Promenade	\$245.00	\$270.00
Crowne Plaza	\$355.00	\$385.00
Rydges Melbourne	\$302.00	\$324.00
Vibe Savoy Hotel Melbourne	\$195.00	\$215.00
Alto Hotel	\$213.00	\$228.00
Batman's Hill on Collins	\$186.00	\$204.00
Holiday Inn on Flinders	\$335.00	\$365.00
Novotel Melbourne on Collins	\$235.00	\$255.00
Radisson Flagstaff Gardens	\$249.00	\$269.00
Rendezvous Hotel Melbourne	\$220.00	\$240.00
The Swanston Hotel, Grand Mercure	\$224.00	\$239.00

	All rates are in AUD and inclusive of taxes and breakfast	
	SGL BB	DBL BB
3 star hotels		
Hotel Enterprize	\$157.00	\$179.00
Pensione Hotel Melbourne	\$143.00	\$151.00
Travelodge Docklands	\$150.00	\$165.00
Travelodge Southbank	\$155.00	\$170.00
All Seasons Kingsgate Hotel	\$175.00	\$186.00
Hotel Ibis Melbourne	\$175.00	\$190.00
Hotel Apartments - with Breakfast facilities		
Grand Hotel Melbourne	\$245.00	\$265.00
Quay West Suites Melbourne	\$299.00	\$319.00
Clarion Suites Gateway	\$222.00	\$245.00
Mantra Southbank	\$279.00	\$279.00
Medina Executive Northbank	\$178.00	\$196.00
Oaks on Collins	\$245.00	\$260.00
Oaks on Market	\$265.00	\$280.00
Quest Apartments - Southbank	\$220.00	\$237.00
Hotel Apartments - without Breakfast facilities		
Harbour View Apartment Hotel	\$125.00	\$125.00
Melbourne Short Stay Apartments - Southbank Deluxe	\$235.00	\$235.00
Melbourne Short Stay Apartments - Southbank ONE	\$235.00	\$235.00
Melbourne Short Stay Apartments - Southbank Central	\$219.00	\$219.00
Metro Apartments on Bank	\$159.00	\$159.00
Quest Apartments - Fairfax House	\$180.00	\$180.00

- All rates are quoted in Australian Dollars (AUD)
- All rates are quoted per room and per night, inclusive of a non-claimable 10% GST
- All quoted rates are valid for standard rooms.
- Rates for other room types are available upon request.

Booking procedure

We encourage you to make reservation requests online.

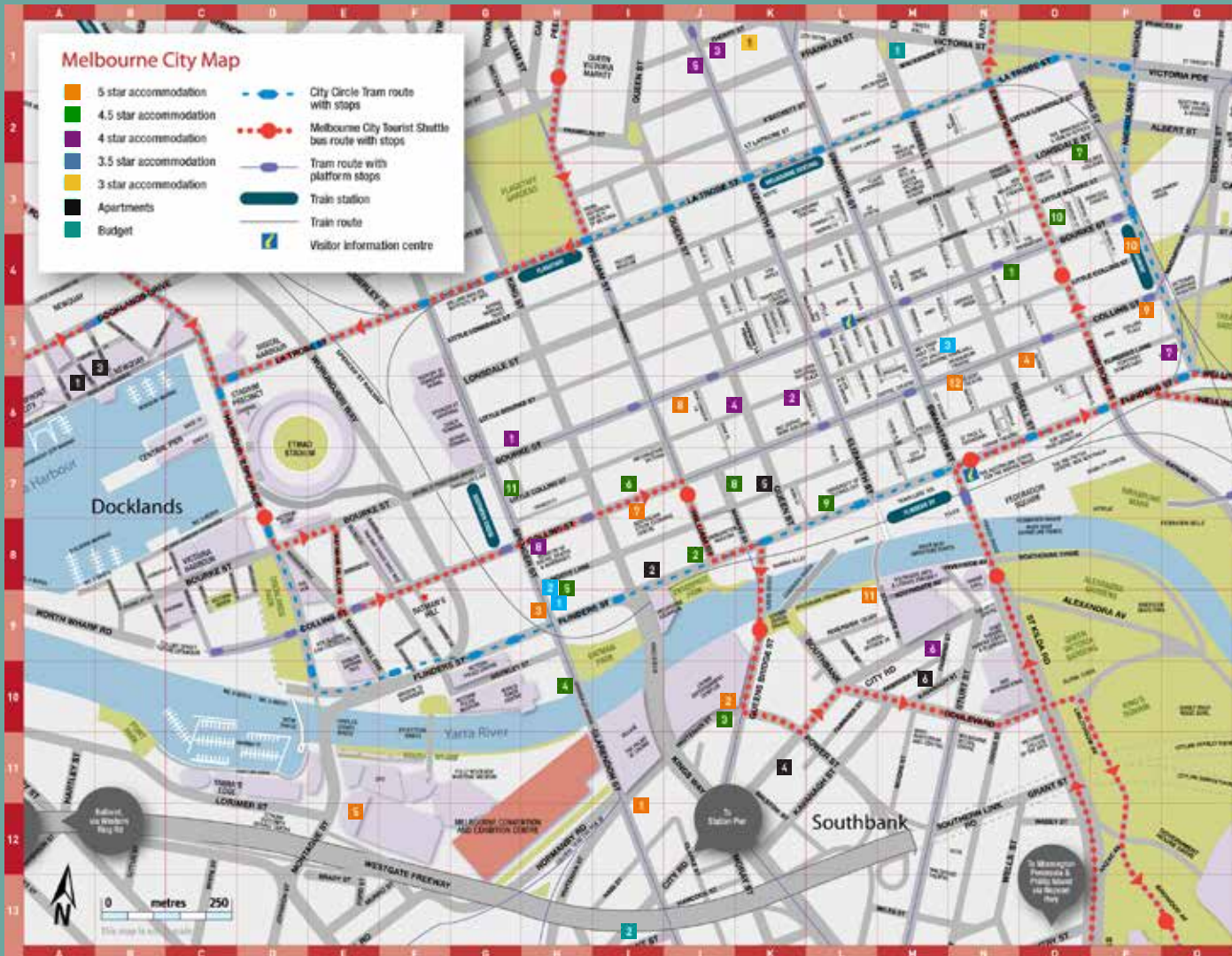
For more details, terms and conditions, visit

www.worlddiabetescongress.org/pages/accommodation

or contact the World Diabetes Congress housing bureau:

- Arinex
Shannon Handley
T: +61 (2) 9265 0700
F: +61 (2) 9267 5443
E: shandley@arinex.com.au

GETTING AROUND MELBOURNE





5 STAR ACCOMMODATION

1	Crown Metropol*	I12
2	Crown Towers*	J10
3	Grand Hotel Melbourne*	H9
4	Grand Hyatt Melbourne*	O5
5	Hilton Melbourne South Wharf*	E12
6	Hilton On The Park*	U6
7	InterContinental Melbourne The Rialto* I7	
8	RACV City Club Conferences & Events* J6	
9	Sofitel Melbourne On Collins*	P5
10	The Hotel Windsor*	P4
11	The Langham Hotel*	L9
12	The Westin Melbourne*	N6

3.5 STAR ACCOMMODATION

1	8Hotels – Pensione Hotel Melbourne	H9
2	Hotel Enterprize	H8
3	Victoria Hotel Melbourne*	M5

3 STAR ACCOMMODATION

1	Ibis Melbourne*	K1
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BUDGET

1	Space Hotel (previously Vic Hall)	M1
2	Urban Central Accommodation	I13

4.5 STAR ACCOMMODATION

1	Citadines on Bourke Melbourne*	N4
2	Clarion Suites Gateway*	J8
3	Crown Promenade Hotel*	J10
4	Crowne Plaza Melbourne*	H10
5	Holiday Inn Flinders Melbourne*	H8
6	Oaks on Collins*	I7
7	Oaks on Lonsdale	O2
8	Oaks on Market*	J7
9	Rendezvous Hotel Melbourne*	L7
10	Rydges Melbourne*	O3
11	Vibe Savoy Hotel Melbourne*	G7

4 STAR ACCOMMODATION

1	Alto Hotel on Bourke	G6
2	Causeway 353*	K6
3	Central Sky Lounge Hotel*	J1
4	Citclub Hotel Melbourne*	J6
5	Jasper Hotel*	J1
6	Mantra Southbank*	M9
7	Mercure Melbourne Spring Street*	Q5
8	Quality Hotel Batman's Hill on Collins*	H8

APARTMENTS

1	Apartments @ Docklands	A6
2	Best Western Riverside Serviced Apartments	I8
3	Docklands Apartments	
	Grant Mercure*	B5
4	Melbourne Short Stay Apartments	K11
5	Plum Serviced Apartments Southbank	K7
6	Quest Southbank Serviced Apartments	M10

* Hotels with event venue spaces

CONTACT DETAILS

All enquiries and correspondence in relation to the congress should be directed to:

- Congress Secretariat - International Diabetes Federation (IDF)
Chaussée de La Hulpe 166
B- 1170 Brussels
Belgium
T: +32 2 5431631
F: +32 2 4030830
E: wdc@idf.org
www.worlddiabetescongress.org

General enquiries

- celina.renner@idf.org
- wdc@idf.org

Industry relations

- industry@idf.org
T: +32 2 5431633

Programme and Abstracts

- programme@idf.org

Registration

- registration@idf.org

Housing

- wdc2013@arinex.com.au

Tours

- wdc2013@arinex.com.au



SOCIAL PROGRAMME

Opening ceremony and welcome reception

The International Diabetes Federation welcomes its delegates to the World Diabetes Congress at the:

- Melbourne Convention and Exhibition Centre
The Plenary
Monday 2 December 2013, 19.00
Free entrance for all registered delegates
Dress code: casual

DISCOVER MELBOURNE AND THE STATE OF VICTORIA

Tours and excursions are available for congress delegates before and after the congress and for accompanying persons throughout the congress.

Please note that rates given are subject to change.

All prices are quoted in Australian Dollars and include 10% GST.

All sightseeing tours include information and commentary in English. All entry & booking fees and meals are specified.

All tours are based on a minimum number of participants. If minimum numbers are not reached, alternative arrangements or a complete refund will be made. Availability on all tours is limited and will be allocated strictly upon receipt of payment. Should participants cancel their tour bookings prior to 3 October 2013, payment will be refunded in full. Thereafter, no refund will be possible.

These tours are designed by Arinex Destination Management (license NO.2TA001144) for participating delegates and accompanying persons of the World Diabetes Congress 2013.

For more information and reservation please contact:

- Arinex
World Diabetes Congress tour desk
T: +61 2 9265 0700
F: +61 2 9267 5443
E: wdc2013@arinex.com.au

All tours have to be booked individually and at the delegates' own expense; they are not part of the registration fee.

MELBOURNE
AUSTRALIA



Penguin Parade



Great Ocean Road



Yarra Valley

Penguin Parade to Phillip Island

Phillip Island boasts one of Australia's greatest natural wildlife attractions at the Penguin Reserve. Depart Melbourne for Phillip Island, where the Fairy Penguins that nest there perform a 'parade' every evening, emerging from the sea and waddling up the beach to their burrows. Be privy to one of nature's most spectacular shows a few minutes after sunset. The tour includes entrance to the Nature Park and access to the premium viewing area. Dinner is included before returning to Melbourne in the late evening.

Available	Tuesday 3 December 2013
Duration	16.00 – 23.00
Cost per person	\$195.00

POST-CONGRESS TOURS: Great Ocean Road

The Great Ocean Road is one of the world's great drives, a dramatic, powerful, dangerous and majestic coastline also known as the Ship Wreck Coast. Why not extend your time on the Great Ocean Road and stay overnight at the surf coast town of Lorne? You will arrive around 10.30am with the afternoon and following morning free to relax and enjoy. Rejoin the Great Ocean Road Adventure around midday on the following day. To Loch Ard Gorge and Port Campbell, shaped by the wild Southern Ocean this coastline will not fail to impress.

Fare Includes: National park fees, Aussie style Bush Billy tea with lamingtons and vegemite crackers, on-coach video, resort accommodation at the Cumberland Lorne Resort and use of resort facilities.

Duration	2 Days/1 Night
Based on Twin occupancy	\$385.00 per person
Based on Single occupancy	\$504.00 per person

Yarra Valley with a taste of Healesville Sanctuary

Begin the day meeting Australia's local wild life at Healesville Sanctuary. This is one of Australia's most acclaimed wildlife sanctuaries. Showcasing more than 200 species of Australian wildlife, the Sanctuary is a fantastic location to view native animals in their natural habitat. Following the sanctuary, the group will continue the day travelling to the world famous Yarra Valley for an afternoon of fine food and wine. Travel through the Dandenong ranges to arrive at the destination, the Yarra Valley. Visit 3 premier wineries for personalized wine tastings, sample local cheeses and enjoy a delicious 2 course lunch at a vineyard restaurant before returning to the city. Tour includes entry to Healesville Sanctuary, 2 course lunch served with a glass of wine and 2 wine tastings.

Available	Friday 6 December 2013
Duration	09.00 – 17.00
Cost per person	\$99.00

GENERAL INFORMATION

These tours are designed by arinex Destination Management (license No. 2TA001144), for participating delegates and accompanying persons of the World Diabetes Congress 2013. Only the best aspects of Melbourne and its environs have been incorporated to provide value for money for persons whose time is at a premium.

All sightseeing tours include informative English speaking commentary, all entry & booking fees and meals are specified.

All tours are based on a minimum number of participants. If minimum numbers are not reached, alternative arrangements or a complete refund will be made. Places on all tours are limited and will be allocated strictly upon receipt of payment. Should participants cancel their tour bookings prior to 3 October 2013, payment will be refunded in full. Thereafter, no refund will be possible.

Melbourne City Sights

This four hour coach tour is designed to give participants an orientation of the city. The tour includes visits to points of interest such as Queen Victoria Markets, Melbourne Cricket Ground and Olympic Park, Spencer Street Station, Federation Square, The Shrine of Remembrance, the Royal Botanic Gardens and Albert Park Lake and the Grand Prix site.

Available on	Monday 2 December 2013
Duration	13.00 – 17.00
Cost per person	\$78.00

Aboriginal Heritage Walk at the Royal Botanic Gardens

Experience Melbourne's Royal Botanic Gardens in a more traditional way by taking part in the award-winning Aboriginal Heritage Walk. An Indigenous interpreter will give you a greater understanding of the customs and rich heritage of the local Boonwurrung and Woiworung people, taking you on a journey through the camping and meeting grounds of the traditional owners of the land, against the vibrant setting of the Royal Botanic Gardens. Experience a traditional smoking ceremony and discover traditional uses of plants for food, tools and medicine.

Available on	Monday 2 December 2013
Duration	09.30 – 11.30
Cost per person	\$69.00

Melbourne Highlights Bike Tour

Gathering at the hotel, take a short walk to board your bicycle and set off on a guided bicycle ride. This morning tour combines a relaxing ride along the Yarra River and a great orientation to the city while giving a bit of history. Take in the beautiful Royal Botanic Gardens, the Shrine of Remembrance and the Yarra River in all of its splendour.

Available on	Tuesday 3 December 2013
Duration	09.00 – 11.45
Cost per person	\$95.00

Melbourne Laneways Tour

Enjoy a casual stroll with a passionate guide through the back streets and beautiful lanes and arcades of Melbourne and discover the essence of this city. On this intimate tour you will discover local designers, small businesses, a little history, the amazing architecture and the stories behind the art works that have become an important part of Melbourne's street scape. This easy-paced walking tour includes brunch.

Available on	Friday 6 December 2013
Duration	10.00 – 13.00
Cost per person	\$99.00





THE ADVANCE PROGRAMME IS KINDLY SUPPORTED BY:



MSD DIABETES